

3<sup>rd</sup> International Symposium on Nutrition

# ISN 2022

27-28 January 2022

Online

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URBAN FOOD POLICIES  
FOR SUSTAINABLE  
NUTRITION AND HEALTH

With the support  
of the Federation  
of European  
Nutrition Societies



Organizers



### **Scientific Programme Organisers:**

The International Symposium on Nutrition (ISN) is organised jointly by The Nutrition Society and The [French Nutrition Society](#) (Société Française de Nutrition).

**This conference is taking place online.**

### **About the ISN 2022**

Our world is moving. Cities have to adapt to meet climate challenge and the evolution of increasing urban populations and their health risks. In particular, cities have to create new models for the sustainable production, transformation and distribution of food products to best meet the nutritional needs of each individual and ensure optimal health.

The International Symposium on Nutrition (ISN 2022) will bring together the expertise from academia, policy, industry and city representatives to present and debate issues related to urban policies for sustainable nutrition and health.

### **Topics of Keynote Lecture and Symposia:**

- What do we mean by sustainable urban food systems?
- Urbanisation and food transition: What is the role for Urban Policies?
- Milan urban food policy pact: What is it and what is done in Nutrition?
- Can we change consumer behaviours?
- Impact of dietary habits on climate change and land use
- Urban foodscapes for nutrition and health

### **Topics for debates and exchanges:**

- Non-communicable diseases and urban environment
- Contaminants in urban diets and practices
- What governance for urban nutrition policies? What kind of citizen participation?
- Avoiding food insecurity in urban areas
- New food policy against food insecurity and poverty
- Alternative food systems for urban food security
- Towards a regulation of food advertising?
- Canteens as a tool for an improved nutrition
- Synergistic action of health professionals and urban planners to promote physical activity

Day One  
Thursday 27 January

09:30	<b>Opening Ceremony</b>
09:40	<b>Plenary Lecture One</b> What do we mean by sustainable urban food systems? Nicolas Bricas
10:20	<b>Break in Programme</b> <i>Posters available online</i>
	<b>Symposium One</b> Better understanding urban nutrition and health problems and understanding their cause
10:30	Non-Communicable diseases and the urban environment <i>TBC</i>
11:00	Food insecurity in urban areas Cecilia Tacoli
11:30	Contaminants in urban diets and practices Dr Jill Edmonson
12:00	<b>Break in Programme</b> <i>Posters available online</i>
	<b>Symposium Two</b> Urban food policy
14:30	Urbanisation and food transition: what role for urban policies? Corinna Hawkes
15:00	Milan urban food policy pact: what is it and what is done in nutrition? Yota Nicolarea
15:30	Break in programme
	<b>Symposium Three</b> Urban food policy experiences
15:45	Alternative food systems for urban food security <i>Dr Christian Reynolds</i>
16:15	Synergistic action of health professionals and urban planners to promote physical activity Helene Charreire
16:45	Community gardens: a tool for improving lifestyles sustainability? Marion Tharrey
17:15	<b>Break in Programme</b> <i>Posters available online</i>
17:30	<b>Plenary Lecture Two</b> Can we change consumer behaviours? The installation theory Saadi Lahlou
18:10	<b>Close of Day</b>

Day Two  
Friday 28 January

08:30	<b>Plenary Lecture Three</b> Impact of dietary habits on climate change and land use <i>Professor Jennie Macdiarmid</i>
09:10	<b>Break in Programme</b> <i>Posters available online</i>
09:30	<b>Symposium Four</b> Urban food policies issues dealing with nutrition and health  What governance for urban nutrition policies: sectoral or intersectoral? What kind of citizen participation? <i>Jessica Halliday</i>
10:00	Towards a regulation of food advertising? <i>Dr Alison Tedstone</i>
10:30	New food policies against food insecurity and poverty in France <i>Virginie Lasserre</i>
11:00	<b>Break in Programme</b> <i>Posters available online</i>
13:00	<b>Plenary Lecture Four</b> Urban food spaces for nutrition and health <i>Caroline Mejean</i>
13:40	<b>Closing Remarks</b>
13:45	<b>Close of Conference</b>

### Event Fee(s)

Full Rate      £ 65.00

Student Rate   £ 35.00

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